



## VSPM MADHURIBAI DESHMUKH INSTITUTE OF NURSING EDUCATION

Lata Mangeshkar Hospital, Digdoh Hills, Hingna Road, Nagpur-440019

Ph. No. – 07104-665048, 49. Fax No. – 07104-665011

Email – [vspmcon2005@yahoo.com](mailto:vspmcon2005@yahoo.com). Website : [vspmmidine.edu.in](http://vspmmidine.edu.in)

Date: 20/10/2025

### DEPARTMENT OF OBSTETRICS AND GYNECOLOGICAL NURSING

#### REPORT ON

#### WORLD MENOPAUSE DAY

World Menopause Day is celebrated every year October World Menopause Day is held each year on 18 October to raise awareness, break the stigma and share support available for improving health and well-being for those experiencing menopause. The theme for this year is “Lifestyle Medicine”.

On this Occasion Department of Obstetrics & Gynaecological Nursing Celebrated World Menopause Day on Date 15/10/2025.

